Waiver and Release Form

The Verona Lacrosse Camp is a private camp under the direction of Dave and Suzanne Giarrusso. In consideration of the acceptance of this application, we the below signed, our heirs, administrators agree to be legally bound to the terms and conditions hereafter set forth: We hereby give our con-sent and approval for the participation of the applicant in the program conducted by the Verona Lacrosse Camp and certify that they are physically fit to take part in all activities. Further, we do hereby wavier, release and forever discharge said organizations, its staff, officers, agents, representatives, employees, and their successors and agents from any and all claims for damages concerning or ensuing from accident, injury to the person or loss of personal property occurring during this stated camp, her participation in activities arising from their-travel to and from the camp. We also authorize the Director of the Verona Lacrosse Camp to act for me according to their best judgment in any emergency requiring medical attention. I hereby state that I am the legal guardian of said child.

CAMP REGISTRATION

Name
Address
Home Phone
Cell Phone
Parents Names
Parents Cell Phone
Parents ema <u>il</u>
Phone
Grade in September
Playing Experience? Years
Position Played
US Lacrosse Member?
Membership #
Tee Shirt Size—Please circle—Youth
Large Adult SM/Adult Med/Adult Large/ Adult XL
Medical Conditions- please list

Camp Registration Fee

\$ 150.00

All campers receive a camp tee shirt
For more info contact
Suzanne Giarrusso
Sueabell@yahoo.com

Please send form and check payable to:

Skills and Drills Lacrosse 33 Derwent Ave, Verona, NJ, 07044 Verona
Boys & Girls

L A C R O S S E
C A M P
2 0 1 6



June 21st-24th 9:00-1:00 3rd-9^{th grade} Verona High School



Camp Philosophy

The camp will focus on having fun while developing the complete lacrosse player. Fundamentals are always an emphasis but camp will also include specific game situational training from both the attack and defensive perspective. Campers will enjoy the daily competitions and camp games all while taking their skills to the next level. The Verona lacrosse camp is open to everyone from the experienced player to the beginner. The players will be divided by gender, grade, and skill level to ensure everyone is challenged. Camp will provide developmentally appropriate activities for all skill levels to ensure each camper experiences success.



Please bring the following with you to camp:

<u>Girls-</u> Stick, mouth guard, goggles, a water bottle and snack

<u>Boys-</u> a helmet, mouthpiece, shoulder pads, elbow pads, stick, water bottle and snack

*Please reach out to us if you have questions.

Boys Staff

<u>Dave Giarrusso-</u> Coach Giarrusso is the current head coach of Seton Hall Preparatory School where he has recently led his team to Essex County titles in 2013, 2014, and 2015. Before that he was at the Pingry School where he helped them win their first Non Public B State Championship. He played collegiately at the University of Vermont, where he was a four year starter, captain and MVP. He was recently inducted into the Northern California lacrosse Hall of Fame. Coach Giarrusso has been the head coach of the Garden State Lacrosse Challenge Essex County team the past five years. Dave is also a lecturer for the Positive Coaching Alliance.

Matt Diglio Coach Diglio is finishing up his first season as the head boys lacrosse coach at Verona HS.

Matt also works with the Building Blocks Lacrosse program where he is involved with clinics, player development and specializes in building defensive talent.

• Verona and Seton Hall Prep College Alumni will assist during the week



Girls Staff

Suzanne Giarrusso— Coach Giarrusso is in her 10th season as head coach at Verona HS where she has led her team to the Liberty Division Championship in the SEC in 2013 and 2014. She adds over 16 years of coaching experience including 3 years as the head coach at Pingry and 3 years coaching in California where she led her team to a Northern California Championship. In addition to her coaching success Coach Giarrusso also comes with playing experience having played for Montclair HS and Bucknell University.

Barbara Erickson—Coach Erickson has over 30 years of experience in education and coaching. Coach Erickson is the Head Girls Lacrosse Coach at Ridge HS and has led her teams to an impressive 184-58-2 record. Her teams enjoyed the successes of multiple county and league championships and a Group 4 Sectional Championship in 2014. In 2002 & 2014, Coach Erickson was named the "Courier News Coach of the Year," and in 2012 the Star Ledger NJ State Coach of the Year.

• Verona College Alumni will also assist during the week.

